

Touching the sky without arms



· Jessica Cox ·



Jessica was born without arms as a result of a rare congenital disease

Like every child, she did not understand why she had no arms as did the other children

"It was difficult to be different."



Regardless of that, she took part in different activities such as gymnastics, dancing and singing, frequently participating in large presentations



When she was young she frequently felt opposed, downtrodden and on the verge of tears resulting from anger due to her lack of arms; given this, she placed all her energy in the practice of sports.

For Jessica, the main challenge of being born without arms was the constant perception of others more than the physical adversity



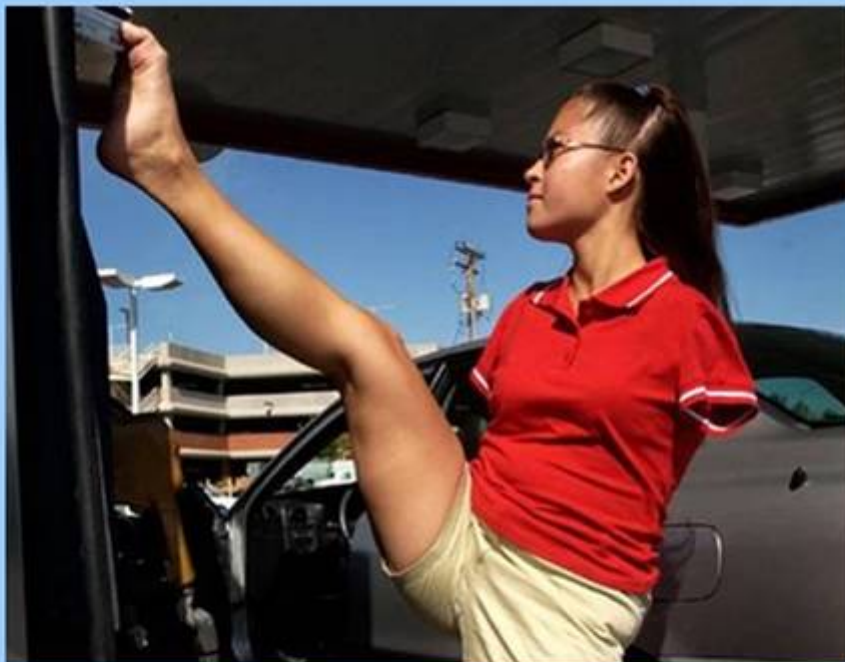
"I had the habit of becoming very upset when people look at me walking in the street or eating with my feet. However, I learned to look only at the positive side of situations and this gave me the ability to utilize these positive vibrations to become an example for optimism."



Jessica considers her parents as role models to be followed and as pillars for her. "My mother is my model and she always told me that I could do all that I wanted to do. My father never shed a tear since my birth as he does not consider me to be a victim. It is difficult to be the father of a handicapped person. He was my base during the difficult moments and it was he who forged the person I am today."



The first time I learned to drive a car, it was thanks to some modifications. Even with that, after having learned well, I decided to remove the modifications placed in the car and now I hold a driving permit without restrictions



Holder of a degree in Psychology from the University of Arizona, she always attracts attention when she fills her car with gas.



She is able to write 25 words per minute, dry her hair, put on her make-up, and wear her contact lenses at the same ease as anyone



Jessica, 26 years old and 1.55 meters tall, is the first lady in history to pilot a plane without arms



This inspiring lady and heroine for numerous persons, irradiates always joy and is proof of having a great sense of humor ; on Mother's Day last year she flew alone by herself without anyone accompanying her, dragging a notice board saying simply : "Look Mom, without arms !"

That day, she registered approximately 130 hours of flight time by herself

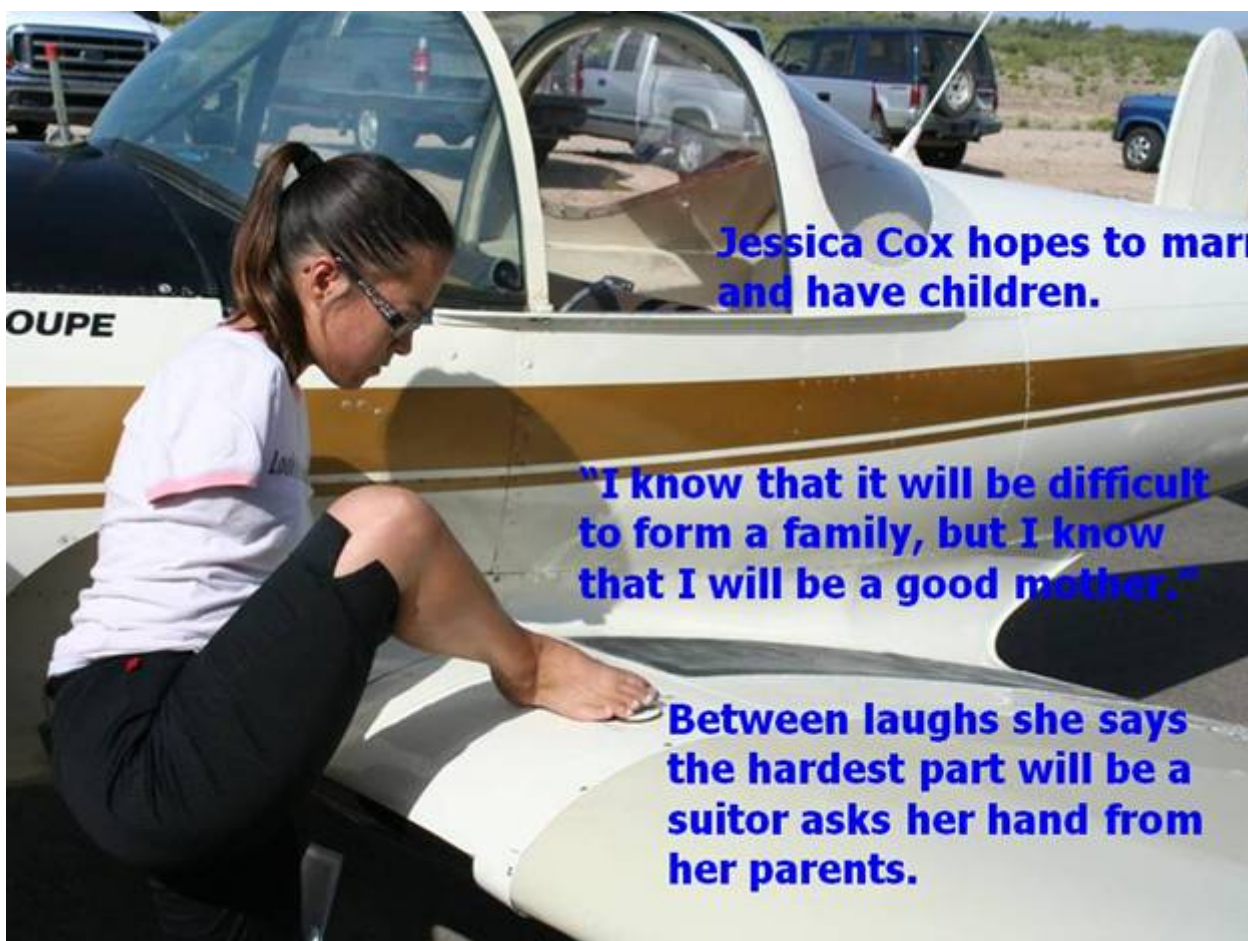


"Sometimes fear starts from the lack of knowledge of the unknown. As soon as I started flying, I realized that my fear came because I knew too much about the subject .

There is a universal fear, that of the lack of confidence in yourself."

Thanks to her confidence, her preparation and ambition, Jessica has traveled a long path to become that which she is today

After becoming an outstanding speaker (www.rightfooted.com), she was also a children's guide in the International Network of Children Amputees during the last five years.



Jessica Cox hopes to marry and have children.

"I know that it will be difficult to form a family, but I know that I will be a good mother."

Between laughs she says the hardest part will be a suitor asks her hand from her parents.

"I do not have arms but that is not what determines where I can go"

"Our great fear is not so much to not be up to measure, it is that we are stronger over and above all measure".

'The human being must live some difficult moments in life to have emotional moments.'

"The greater the difficulty, the greater the glory."



And you,

what do you lack

to touch the sky ?



Never look down on anybody, unless you're helping them up.

"Life without God is like an unsharpened pencil - it has no point."

**WISHING YOU LOVE IN YOUR HEART...PEACE IN YOUR SOUL..AND JOY
IN YOUR LIFE.....ALWAYS...**